

2021 Summer Newsletter

It's August - check out the "hot topics" in this edition of our newsletter!

4 Outdoor Activities for a Healthy Body & Mind

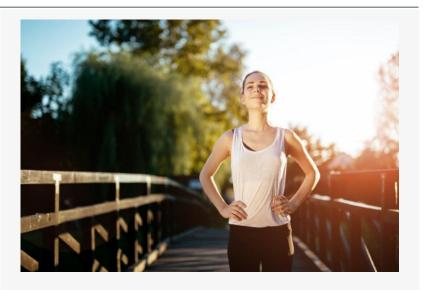
<u>Diabetes Depot Product</u> <u>Updates & Savings – Tandem,</u> Ypsomed & Dexcom News!

Have T1D and wonder if your child or other family members might too?

Are you a university student? Consider having an "emergency box"

Curious to learn more about the FreeStyle Libre and FreeStyle Libre 2 Flash Glucose Monitoring Systems?

Enjoy a Refreshing Summer Recipe!



Keep your body and mind healthy!

Keep your physical and mental health in check by enjoying the great outdoors! Here's a great article from our friends at LMC Healthcare about four activities to keep a healthy body and mind!

Read more



Diabetes Depot Product Updates & Savings – Tandem, Ypsomed and Dexcom News!

We now carry **Tandem and Ypsomed insulin pump supplies!** Use our coupon
codes in this article to save up to \$25! Also, **Dexcom is coming!** keep your eyes out in
September for Dexcom Sensors and Transmitters!

Read More

Have T1D and wonder if your child or other family members might too?

TrialNet screens family members (parents, siblings, cousins, etc.) of people with type 1 diabetes (T1D) for diabetes-related markers.

Click here for information





Reminder: Check Your Medications Before Heading Back-to-School

Going back to school next month? Here are some medication reminders to help prepare.

Read More

Curious to learn more about the FreeStyle Libre and FreeStyle Libre 2 Flash Glucose Monitoring Systems?

LMC & Abbott Diabetes Care invite you to attend two free, live, online education sessions to learn about the FreeStyle Libre and FreeStyle Libre 2 flash glucose monitoring systems.

Getting Started

During this session, you will have a chance to learn how to apply your sensor, what to expect when using your device, and the benefits of using this technology.

When you register we will also send you a sensor and reader to get started, so it's worthwhile to register early so your sensor arrives prior to the session.

Not sure which system is right for you? Learn more about the differences here

Getting Started with the FreeStyle Libre System

Date: Friday, September 10th Time: 12pm EST

Register Now

Getting Started with the FreeStyle Libre 2 System

Note: Smartphone required to use the FreeStyle Libre 2 system Date: **Friday**, **September 10**th

Time: 11am EST

Register Now





Ending this edition with something Summery...

Enjoy this simple recipe for Moroccan Mint Raspberry Refresher, from the Diabetes Care Community recipe vault. The combination of mint and raspberry is also refreshing when made with soda water instead of flat water.



