



Diabetes Depot

2021 Summer Newsletter

It's August - check out the "hot topics" in this edition of our newsletter!

**4 Outdoor Activities for a
Healthy Body & Mind**

**Diabetes Depot Product
Updates & Savings – Tandem,
Ypsomed & Dexcom News!**

**Have T1D and wonder if your
child or other family members
might too?**

**Are you a university
student? Consider having an
"emergency box"**

**Curious to learn more about
the FreeStyle Libre and
FreeStyle Libre 2 Flash
Glucose Monitoring Systems?**

**Enjoy a Refreshing Summer
Recipe!**



Keep your body and mind healthy!

Keep your physical and mental health in check by enjoying the great outdoors! Here's a great article from our friends at LMC Healthcare about four activities to keep a healthy body and mind!

[Read more](#)

**Save on
New
products**



YPSOMED
SELF CARE SOLUTIONS



**Diabetes Depot Product
Updates & Savings –
Tandem, Ypsomed and
Dexcom News!**

We now carry **Tandem and Ypsomed insulin pump supplies!** Use our coupon codes in this article to save up to \$25! Also, **Dexcom is coming!** keep your eyes out in September for Dexcom Sensors and Transmitters!

[Read More](#)

Have T1D and wonder if your child or other family members might too?

TrialNet screens family members (parents, siblings, cousins, etc.) of people with type 1 diabetes (T1D) for diabetes-related markers.

[Click here for information](#)



Reminder: Check Your Medications Before Heading Back-to-School

Going back to school next month? Here are some medication reminders to help prepare.

[Read More](#)

Curious to learn more about the FreeStyle Libre and FreeStyle Libre 2 Flash Glucose Monitoring Systems?

LMC & Abbott Diabetes Care invite you to attend two free, live, online education sessions to learn about the FreeStyle Libre and FreeStyle Libre 2 flash glucose monitoring systems.

Getting Started

During this session, you will have a chance to learn how to apply your sensor, what to expect when using your device, and the benefits of using this technology.

When you register we will also send you a sensor and reader to get started, so it's worthwhile to register early so your sensor arrives prior to the session.

[Not sure which system is right for you? Learn more about the differences here](#)

Getting Started with the FreeStyle Libre System

Date: **Friday, September 10th**
Time: 12pm EST

[Register Now](#)

Getting Started with the FreeStyle Libre 2 System

****Note: Smartphone required to use the FreeStyle Libre 2 system****
Date: **Friday, September 10th**
Time: 11am EST

[Register Now](#)



Getting More from the FreeStyle Libre and FreeStyle Libre 2 Systems

Date: Friday, September 24th
Time: 12:00PM EST

REGISTER NOW



Ending this edition with something Summery...

Enjoy this simple recipe for **Moroccan Mint Raspberry Refresher**, from the Diabetes Care Community recipe vault. The combination of mint and raspberry is also refreshing when made with soda water instead of flat water.

