



# Diabetes Depot

## SPRING 2023 NEWSLETTER

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Diabetes Depot is excited to announce the launch of the **Education Corner** on the website, brought to you by LMC Diabetes Education! Check it out for access to new monthly T1D-focused workshops, Ask-the-Expert sessions, helpful handouts, articles, tips and recipes, and newsletters!

### In this newsletter:

- April, May and June Workshops and Ask-the-Expert Sessions
- Managing Intimacy with Type 1 Diabetes
- Pump Tips for Spring Activities
- Recipe – Crisp Salmon Salad
- Diabetes Depot Savings

### Spring Workshops and Ask-the-Expert Session Topics

Join us for new virtual education and discussions presented by healthcare provider experts at LMC Diabetes Education.


- April – Take a Good Look at Eye Care with T1D
- May – Optimizing T1 Diabetes Management
- June – Beyond the Carbs – The Macro Effect

[Click Here To Register](#)

## Managing Intimacy with Type 1 Diabetes


Diabetes can be a pain on a good day and can get in the way... especially during moments that are more intimate. Read on for dealing with devices and understanding how T1D can impact your experience...



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## Pump Tips for Spring Activities

It's spring! As the weather gets warmer, an increase in activity or insulin sensitivity might affect your blood sugar management. Here are some pump tips...

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### *Recipe*

## Crisp Salmon Salad

Enjoy this recipe from Diabetes UK for **Crisp Salmon Salad!**

Each delicious serving (338g) contains:  
kcal: 343 | Carbs: 23g | Fibre: 4.2g |  
Protein: 24.3g | Fat: 16.1g



## Diabetes Depot Savings

DYK? Diabetes Depot offers savings on insulin pump supplies! Operated by LMC Pharmacy, a diabetes-supportive pharmacy affiliated with LMC Diabetes & Endocrinology Healthcare Clinics, we do our best to pass along savings to our clients.

- Most insulin pump supplies are **priced below MSRP** (manufacturer's suggested retail price).
- Many popular insulin pump infusion sets have "**Buy More, Save More**" **pricing** to save you even more money!
- If you happen to live near our store in Brampton, Ontario we'll take **\$10 off your order** (over \$200) if you pick it up yourself instead of getting it delivered.
- We can save you time by setting up **auto shipments** so you have one less thing to think about!
- We save you grief! Do you prefer to talk with a real person? We're happy to help you with your order over the phone at **1-888-678-8887**
- We always welcome new clients and appreciate your referrals of friends and family. Here's a special coupon code for them to **save \$25 off their first order**

over \$100

## DIABETES DEPOT COUPON CODE

Use code

**WELCOME25**

to save \$25 on your first purchase  
of \$100 or more

 **Free shipping on orders over \$200**

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LMC Healthcare | 1929 Bayview Avenue, Suite 107, Toronto, M4G 3E8 Canada

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