

SPRING 2023 NEWSLETTER

Diabetes Depot is excited to announce the launch of the <u>Education Corner</u> on the website, brought to you by LMC Diabetes Education! Check it out for access to new monthly <u>T1D-focused workshops</u>, <u>Ask-the-Expert sessions</u>, <u>helpful handouts</u>, <u>articles</u>, <u>tips and recipes</u>, and <u>newsletters!</u>

In this newsletter:

- April, May and June Workshops and Ask-the-Expert Sessions
- Managing Intimacy with Type 1 Diabetes
- Pump Tips for Spring Activities
- Recipe Crisp Salmon Salad
- Diabetes Depot Savings

Spring Workshops and Ask-the-Expert Session Topics

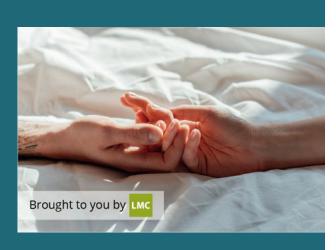
Join us for new virtual education and discussions presented by healthcare provider experts at LMC Diabetes Education.

- April Take a Good Look at Eye Care with T1D
- May Optimizing T1 Diabetes Management
- June Beyond the Carbs The Macro Effect

Click Here To Register

Managing Intimacy with Type 1 Diabetes

Diabetes can be a pain on a good day and can get in the way... especially during moments that are more intimate. Read on for dealing with devices and understanding how T1D can impact your experience...



Read More



Pump Tips for Spring Activities

It's spring! As the weather gets warmer, an increase in activity or insulin sensitivity might affect your blood sugar management. Here are some pump tips...

Read More

Recipe Crisp Salmon Salad

Enjoy this recipe from Diabetes UK for Crisp Salmon Salad!

Each delicious serving (338g) contains: kcal: 343 | Carbs: 23g | Fibre: 4.2g |

Protein: 24.3g | Fat: 16.1g



Diabetes Depot Savings

DYK? Diabetes Depot offers savings on insulin pump supplies! Operated by LMC Pharmacy, a diabetes-supportive pharmacy affiliated with LMC Diabetes & Endocrinology Healthcare Clinics, we do our best to pass along savings to our clients.

- Most insulin pump supplies are priced below MSRP (manufacturer's suggested retail price).
- Many popular insulin pump infusion sets have 'Buy More, Save More'
 pricing to save you even more money!
- If you happen to live near our store in Brampton, Ontario we'll take \$10 off your order (over \$200) if you pick it up yourself instead of getting it delivered.
- We can save you time by setting up **auto shipments** so you have one less thing to think about!
- We save you grief! Do you prefer to talk with a real person? We're happy to help you with your order over the phone at 1-888-678-8887
- We always welcome new clients and appreciate your referrals of friends and family. Here's a special coupon code for them to save \$25 off their first order



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